

## Taking Responsibility for Your Life

Melanie Krahn

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### Summary

Our lives are comprised of our spirits, souls and bodies. We must take responsibility for each aspect of our lives. Our spirit is the most important. It is the real you. Your spirit is perfect. You are responsible for the nurturing and care of your spirit. It is up to you to receive nourishment from the Word of God. We must take responsibility for the state of our soul which is made up of our mind, will and emotions. Sometimes we allow our minds to turn something so little into something huge! We must meditate on God's Word. We need to ask ourselves where our thoughts are coming from. We need to be mindful of what we are seeing and hearing and the company that we keep. What goes on in your mind is no one's responsibility but your own. We need to ask ourselves daily, "Is this where God wants my mind to be?" The good news is that if our thoughts are not where we should be, when we take responsibility, then things can change. All we have to do is choose not to conform, but to be transformed by the Word. Another area we must take responsibility for is the state of our body. If we eat healthy food and exercise, our bodies will be healthy. It is up to us; God gave us the responsibility. When challenges comes and things aren't going the way we want them to, we often want to blame someone else. God is not to blame. The Bible is very clear, God gives us good things. John 10:10 says that it is the thief who comes to steal, kill and destroy. God does not cause negative things to happen to us, He allows them to happen to refine us. He wants us to go through it to get to something. We must take responsibility in the middle of hardship and say, "I am going through." Jesus always took responsibility. Jesus knew what needed to be done because He had such a close intimate relationship with the Father. Is that what our relationship with the Father looks like? In Genesis, God gave us a mandate. He wanted us to take responsibility for our environment. God's very life is in you. So when there is a situation in your life or someone's life around you, you can take responsibility and say, "this needs to change". We need to take responsibility of our health, our relationships, our finances, our job, and in every area of our lives. God is doing something great and amazing through you. You must take responsibility for the outcome of your day. Cultivate an expectation that you are designed to bless someone today! The Kingdom of God is not in word but in power and in demonstration. It's about moving and shaking things! You have to take responsibility and say, "things can be moved and things can be shaken because I am present and the presence of the Lord is with me!"

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- A. Our Lives Are Comprised of Our: Spirits, Souls & Bodies
    - a. Your spirit is first and foremost the real you.
      - i. It loves nothing more than to connect with God.
      - ii. Your spirit is perfect; its whole and lacking and missing nothing.
    - b. Your soul is made up of your will and emotions, which is not perfect.
      - i. But we can bring ourselves before the Author of Perfection and He will help us.
    - c. Our body is our earth suit.

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- i. The way that we can live upon the earth is because of our body or our earth suit. That is also our flesh.
- d. 1 Cor. 2:12-14
- e. 1 Cor. 2:10

### B. Taking Responsibility For the State of Your Spirit

- a. Your natural man cannot receive the spirit things of God.
  - i. It's actually foolishness; it doesn't make sense.
  - ii. What the spirit says to you, you must receive by faith and it's takes spiritual discernment to receive it.
  - iii. Your spirit desires the deep things of God.
- b. We are responsible for the nurturing and care of our spirits.
  - i. Even though our spirits are perfect, we still must take responsibility for the state that our spirits are at.
  - ii. You are responsible for your spirit.
  - iii. The nourishing of the Word is important for your spirit. That is up to you.
  - iv. Phil 3:10
  - v. The Word is one area you want to always have in front of you. In your ears gates, your eyes gates and coming out of your mouth gate.
  - vi. Heb. 4:12
- c. Psalm 119 – It is a lamp unto our feet and a light unto our path.
- d. The Word should be our stronghold.

### C. Taking Responsibility For the State of Your Soul: Mind, Will & Emotions

- a. It is a huge area of responsibility that we must harness.
- b. Our minds have the ability to make something that is so small, seem like something that is like a mountain; without even consulting anyone!
  - i. Our minds are made to go so far.
  - ii. They are designed to go so far for Him instead of so far to where the enemy would want us to go.
  - iii. We talk to ourselves in our minds. We need to work on God's Word and meditate on those thoughts.
- c. Our thoughts; where do they come from? Social media, TV, e-mail, internet, other people, etc.
  - i. We must be careful to watch what we see.
  - ii. Don't just look, but be mindful of what we are seeing and hearing and the company that we keep. The people are imparting to us just as we are imparting to them.
- d. What goes on in your mind is no one's responsibility but your own.
- e. 2 Cor. 10:5 – That is a very high place for my mind to be at. We need to ask ourselves daily, is this where God wants my mind to be?
- f. Romans 12:2 – It's possible that your thoughts don't have to be where they are.
  - i. It's possible for them to be at a higher place; where God wants them to be. All we have to do is choose not to conform, but to be transformed.
  - ii. Prov. 23:7 – We must keep being that person that's in our heart or our spirit and our minds must connect to that.
- g. The way you think, your emotions and your will are things that are all in your control.
  - i. We have the responsibility of caring for them. God gave us the responsibility.

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- ii. One of the most freeing things to do is to say, “my thoughts aren’t right, but I know they can be as long as I focus on the Word.”
- iii. I cannot change what I’ve thought or felt about something in the past, but I can sure change it moving forward.
- iv. Today is a new day. Today is the new you. With the help of the Holy Spirit, anything is possible!

### D. Taking Responsibility For the State of Your Body

- a. A body that is fed healthy food in moderation and exercise in moderation will produce a healthy body.
- b. Our bodies are no one’s responsibility but our own. God is not responsible, but we are for our nutrition and our exercise.

### E. Taking Responsibility When the Challenges Come

- a. When things are going well, it’s easy to say that God is blessing you and that His grace is upon your life. But when a challenge comes, it’s so easy to say, “God must have changed His mind about something.” “Maybe that’s not His will for me right now.”
- b. If something has gone wrong, we want to put the blame on someone else.
  - iii. We often do not want to take responsibility for where we are at.
  - iv. It doesn’t mean that we need to take the blame for everything that happens to us, but when we take the responsibility, that means we have the power to change it.
  - v. Change does not happen unless we take responsibility.
- c. God gets blamed for way too much.
  - i. Good comes from Him.
  - ii. John 10:10 is clear. What’s bad comes from the enemy. There is no middle ground.
  - iii. James 1:2-8. In the good praise the Lord and in the challenging times, praise the Lord. We can get to that place where we are perfect, lacking nothing.
- d. When something is conceived, something starts happening on the outside.
  - i. When your desire is conceived it starts changing on the outside.
  - ii. It gives birth to sin and then brings forth death. It’s a process. It’s something we have to catch.
  - iii. That’s why we have to watch what we’re thinking, our emotions and where our spirits are at. Vs. 16 Every good and perfect gift comes from...
- e. When you are taking responsibility, you are not the one necessarily taking the blame for what has happened.
  - i. The enemy comes to steal, kill and destroy.
- f. Your health for example: It’s up to you to change the course of your health.
  - ii. You have an impact to make here on the earth and good health is necessary for that.
- g. God does not cause negative things to happen to us, He allows them to happen to refine us.
  - i. He wants us to go through it to get to something. There is always a purpose at the end.
  - ii. Some of us through the middle of hardship fall apart. Our emotions have gotten the best of us.
  - iii. God has given us the grace to go through the hardship.
  - iv. We must take responsibility in the middle of hardship and say, “I am going through.” God is taking me to a Promised Land filled with milk and honey. There is something great on the other side.

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- v. If you don't take responsibility in the midst of hardship, you can't change anything. You can't change your attitude and you can't change your actions.
- h. When you take responsibility for where you're at, then you can change!

### F. Jesus Never Sat and Wallowed; He Took Responsibility

- a. Jesus was all about taking responsibility.
- b. Jesus knew what needed to be done because He had such a close intimate relationship with the Father.
  - i. Is that what our relationship looks like?
  - ii. Do we wake up in the morning and crave what the Father has for us today?
  - iii. Do we know what needs to be done?
  - iv. Do we get excited about what God is doing in our lives and in the lives of the people around us?
  - v. Do we choose to take responsibility for the environment that surrounds us?
- c. John 5:19. I do things in like manner as the Father; that is how I operate.
  - i. Jesus took full responsibility for the fig tree. It was not producing fruit so He cursed it.
  - ii. When you conceive something, it must produce something.
- d. Luke 4:18 – The Spirit of the Lord is upon me and He has anointed me!
  - i. You have the ability!
  - ii. Peter and John took responsibility for the lame man at the gate of Beautiful. They took responsibility for another man's health because they saw the Father do something.

### G. Our Original Mandate From God in Genesis

- a. He said we must take responsibility for our environment.
- b. We must be the change that He said.
- c. What you take responsibility for must line up with the Word.
  - i. The Word says that we have been given all things that pertain unto life and godliness.
- d. God's very life is in you.
  - i. So when something or someone or a situation doesn't look right we can take responsibility and say, "this needs to change".
- e. We need to take responsibility of our health, our relationships, our finances, our job, etc.
- f. Monday is often not the "fun day". Mondays need to be the best day.
  - i. It's a fresh day for you to live the purposes of God in your life.
  - ii. Don't wake up feeling grumpy about the day.
  - iii. God is doing a new thing! He has called you to such a high place in Him that anything that He says to you tomorrow is possible!
- g. The person that you have been waiting to talk to, just go up to them and open your mouth, God fills your mouth. You have to trust Him.
- h. God is doing something great and amazing through you.
- i. You must take responsibility for the outcome of your day.
  - i. At the end of your day, can you look at it and say, "this is exactly how I saw my day this morning."
- j. Spend time with the Holy Spirit and God's Word.
- k. Cultivate an expectation that you are designed to bless someone today.
  - i. At work, you're getting paid to be a blessing.
  - ii. God has called you to be at that place to make a change and a difference.
- l. The Kingdom of God is not in Word but in power and in demonstration.

## **Taking Responsibility for Your Life**

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- i. It is a privilege to do Kingdom work.
- m. It's about moving and shaking things.
  - i. You have to take responsibility and say, "things can be moved and things can be shaken because I am present and the presence of the Lord is with me!"

### **Scripture References:**

- 1 Corinthians 2:12-14
- 1 Corinthians 2:10
- Philippians 3:10
- Hebrews 4:12
- Psalm 119:105
- 2 Corinthians 10:5
- Romans 12:2
- Proverbs 23:7
- John 10:10
- James 1:2-8
- John 5:19
- Luke 4:18
- 1 Corinthians 4:20