



And this gospel of the **kingdom**  
will be *preached* in all the **world**.  
MATTHEW 24:14

## Renewing Your Mind

Pastor Terry Krahn

January 26, 2014

### Summary

According to a study done by UCLA, people average just over 48 thoughts per minute. That equates to about 70,000 thoughts per day on average. Up to 80% of those thoughts are negative. That is 70,000 seeds that are being sown into your life every day. If we don't take those thoughts into captivity and keep track of what kind of thoughts are going on, how long does it take before we start to have strongholds in our lives? Every thought you have, every word you say is a seed. They are getting put into the soil of our hearts. What are they going to produce? We need to think about what we're thinking about! We seek and desire to go from glory to glory and level to level. Are we prepared? When we are learning something new and new things are being revealed to us; it's challenging. We have to work through it. As we work through it, we will be prepared. We will have the knowledge, the revelation and the wisdom to know what to do when that test time comes. In Luke 5:12 Jesus said to the man with leprosy, *"I am willing, be cleansed."* Jesus took authority over the leprosy and it was done. One of Jesus' names is I Am. I Am is willing, be! Jesus is willing, be! Fill in the blank of what you need! I Am is willing. Be healed. Be prosperous. Be at peace. In Matthew 6:25-33 it speaks about worry. What does it say that we are we supposed to worry about in these verses? Nothing! Jesus took care of it all! The promises in His Word are done! Romans 12:2 says, *"And do not be conformed to this world, but be transformed by the renewing of your mind, that you may prove what is that good and acceptable and perfect will of God."* So if you can renew your mind, does it get to a certain point? The renewed mind. What does a renewed mind look like? A renewed mind is a mind that is totally focused on God. Until our focus becomes only God we are still in the process of "renewing" our mind. If your focus becomes finances instead of God, your mind has not been renewed. If all you can focus on is your health, your mind has not been renewed. Don't focus on these things, focus on the Father! Like it says in Matthew 6:33, all of the things that we need will be added to us. I Am has taken care of everything so that we can focus on God and His plans. Our job is to do like Jesus did. Our job is to do the will of the Father. Our job is to focus on God and make earth look like heaven.

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#### A. Our Thought Life

- a. According to a study done by UCLA people average just over 48 thoughts per minute. That equates to about 70,000 thoughts per day on average.
- b. According to further research, as many as 98% of those thoughts are the same day to day.
- c. Up to 80% of those thoughts are negative.
- d. That is 70,000 seeds that are being sown into your life every day.
- e. 2 Corinthians 10:3-5 – Bringing every thought into captivity to the obedience of Christ.
- f. Potentially 98% of those thoughts being the same every day.
  - i. If you don't take those thoughts into captivity and keep track of what kind of thoughts are going on, how long does it take before you start to have strongholds?

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- ii. Things that are going in a direction that you hadn't prepared for.
  - g. Every thought you have, every word you say is a seed. They are getting put into the soil of our hearts.
  - h. What are they going to produce? Even if left unattended they are going to produce something. Good thoughts, negative thoughts. 80% negative thoughts means a whole lot of uprooting that we'll need to do.
  - i. We have made our lives so busy. Do we take the time to think about what we're thinking about?
  - j. Strongholds can take you in a direction that you may not have wanted to go in. Strongholds don't allow you to create change in your life. They hold you in a particular place.
  - k. When Pastor Sherwyn starts a new topic, a potentially challenging topic, where do those 70,000 thoughts go? Do they stay positive? Do they wander to the negative side?
  - l. Mark 4 says that we will be challenged for the words sake. To challenge the authenticity of that word.
- B. Going To The Next Level
- a. We seek, we desire to go from glory to glory and level to level.
  - b. An example: A grade 9 student has studied all year to prepare for a test at the end of the year; to prove what he's learned.
    - i. With us, are we prepared? If we just passed level 9, would we be ready to take the test for level 10 right away?
  - c. We have just gotten into a new topic on the Union of God. Some of what Pastor Sherwyn has been speaking about has been challenging.
    - i. When we think back to school of when we first started a new grade when we started something new. It was challenging.
    - ii. The same way for us, we have to work through it. As we work through it, we will be prepared. We will have the knowledge, the revelation, the wisdom to know what to do when that test time comes.
    - iii. What happens to a grade 9 when you give them a grade 8 test; it's easy. Let's say we're at level 9 now and a challenge comes up from a level 8 in our past. We are able to deal with it easily.
    - iv. Pastor Sherwyn is leading us and we can trust him. We just need time to work through the challenges. It is Pastor Sherwyn's desire to see us excel and go to the next level.
- C. "I Am" Is Willing – Luke 5:12
- a. Jesus said, "I am willing, be cleansed."
  - b. Jesus took authority over this thing and it was done. He said, "be cleansed". Done.
  - c. One of Jesus' names is I Am.
  - d. I Am is willing, be! Jesus is willing, be! Fill in the blank of what you need.
  - e. John 17:20 – Our union with God.
    - i. A God so big inside a body so small; trying to house this thing, something has got to break forth. We are not a stagnant lake, we are a flowing river.
    - ii. Ephesians 5 says be imitators of God as dear children.
    - iii. Genesis 1:26 – Let them have dominion..
  - f. So what are we supposed to do? Be! I Am is willing! Be fruitful, have dominion. It is His and He's given it to us to have dominion over it to understand what He wants to do with it.

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- i. We do not have dominion over other people.
  - ii. We are not battling flesh; people. The wisdom that He has given us flows from us. When something unclean comes into our sphere of influence, we have the authority to take dominion over that thing. Not over the person, but over the spirit.
- D. Do Not Worry – Matthew 6:25-33
- a. What are we supposed to worry about in these verses? Nothing! Jesus took care of it all!
  - b. The promises in His Word are done! We are healed! We are prosperous!
  - c. How many of us go to work thinking that the kids need clothes, we need food on the table? To provide.
  - d. How much do we worry and take upon ourselves? How many people have woken up in a cold sweat thinking “how is this going to work”?
  - e. Our focus is supposed to be on God!
- E. Be Transformed By The Renewing of Your Mind – Romans 12:2
- a. Do not be conformed to the world.
    - i. In the world, the more we work, the more money we get. The more time we put in, the more we get back.
    - ii. Do you ever have enough? It’s never enough.
  - b. But be transformed by the renewing of your mind.
    - i. So if you can renew your mind, does it get to a point?
    - ii. Is there a desired place that you want to be at? The renewed mind.
    - iii. What does that look like? A renewed mind is a mind that is totally focused on God.
    - iv. If the words, “I can” come out, your mind is not renewed. If the words “it’s not for now” come out, your mind has not been renewed.
    - v. The mind that has not been renewed ends up at odds with God.
    - vi. If your focus becomes finances instead of God, your mind has not been renewed. If all you can focus on is your health, your mind has not been renewed.
    - vii. We already have them! It’s done! Jesus set the whole thing up! We don’t have to focus on finances! We don’t have to focus on health! It’s a done deal!
    - viii. Don’t focus on these things, focus on the Father! Matt. 6:33 – all these things will be added. A renewed mind is focused on God.
  - c. I Am has taken care of everything so that we can focus on God and His plans; so that we can prove what is the good and acceptable will of the Father.
  - d. Our job/task is to do like Jesus did. Make earth look like heaven. Our job is not getting ourselves to heaven. Our job is to do the will of the Father.
  - e. John 5:19 – Put your name into that scripture. Our job is to do the will of the Father.
  - f. What is our focus?
  - g. When our mind is fully renewed, we will not look at anything else going on around us because Jesus already set the whole thing up. It is done! He said, “It is finished.”
  - h. We don’t have anything to worry about out. Our focus is God.
  - i. Until our focus becomes only God we are “renewing” our mind.
  - j. Mark 4 says that it will be a challenge because we will be challenged for the sake of the Word. So we’re not just going to sit back now and do nothing. God wants our life to be easy but the challenges are going to come. But when we’re prepared for them; when we complete level 10 before we go to level 11, we’ll be able to successfully deal with the challenges that come.

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- k. We really need to get earth looking like heaven. We have to let it out!
- l. Our strength is not of ourselves. It is from God and of God. Because of our union with God, His power is flowing out of us!
- m. He says, "fear not!" So he took care of that too! Doubt, is dealt with. The finished work of the cross. He went to the cross, but He didn't stay there. He's alive and in us, working through us.
- n. The desire of our hearts should be to illuminate His desire and His will. It's been set up for us. We're not saying to stop quoting scriptures on specific areas, but don't make that scripture your focus. Focus on the author that wrote that Word. Focus on Christ and all of these things will be added unto you. Finances is a benefit. Health is a benefit. Good relationships is a benefit.
- o. It's not about what we have to do. Our job is to focus on God and make earth look like heaven.

### Scripture References:

- 2 Corinthians 10:3-5
- Mark 4:1-20
- Luke 5:12-13
- John 17:20-26
- Ephesians 5:1
- Genesis 1:26-28
- Matthew 6:25-33
- Isaiah 53:5
- 1 Peter 2:24
- Romans 12:2
- John 5:19-20
- Jeremiah 29:11